

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date: \_\_\_\_\_

**REVIEW OF SYMPTOMS:** Please mark the box and/or circle any persistent symptoms you have had in the past few months. Read through every section and check "no problems" if none of the symptoms apply to you. List other Concerns below.

**General**

- Unexplained weight loss/ gain
- Unexplained fatigue/ weakness
- Fall asleep during day when sitting
- Fever, chills
- NO PROBLEMS**

**Skin**

- New or change in mole
- Rash/ Itching
- NO PROBLEMS**

**Breast**

- Breast lump/ pain/ nipple discharge
- NO PROBLEMS**

**Ears/Nose/Throat**

- Nosebleeds, trouble breathing through nose
- Trouble swallowing
- Frequent sore throat, hoarseness
- Hearing loss/ ringing in ears
- NO PROBLEMS**

**Eyes**

- Change in vision/ eye pain/ redness
- NO PROBLEMS**

**Cardiovascular**

- Chest pain/ discomfort
- Palpitations (fast or irregular heartbeat)
- NO PROBLEMS**

**Respiratory**

- Cough/wheeze
- Loud snoring/altered breathing during sleep
- Shortness of breath with exertion
- NO PROBLEMS**

**Gastrointestinal**

- Heartburn/reflux/indigestion
- Blood or change in bowel movement
- Constipation
- Diarrhea
- NO PROBLEMS**

**Genitourinary**

- Leaking urine
- Blood in urine
- Nighttime urination or increased frequency
- Discharge: Penis or vagina
- Concern with sexual function
- NO PROBLEMS**

**Musculoskeletal**

- Neck pain
- Back pain
- Muscle/ Joint pain \_\_\_\_\_
- NO PROBLEMS**

**Endocrine**

- Heat or cold sensitivity
- Excessive sweating
- NO PROBLEMS**

**Hematologic/Lymphatic**

- Swollen glands
- Easy bruising
- NO PROBLEMS**

**Neurological**

- Headache
- Memory loss
- Fainting
- Dizziness
- Numbness/ tingling
- Unsteady gait
- Frequent falls
- NO PROBLEMS**

**Allergic/Immune**

- Hay fever/ allergies
- Frequent infections
- NO PROBLEMS**

**Psychiatric**

- Anxiety/ stress/ irritability
- Sleep problem
- Lack of concentration
- NO PROBLEMS**

**Women only**

- Pre-menstrual symptoms (bloating cramps, irritability)
- Problems with menstrual periods
- Hot flashes/ night sweats
- NO PROBLEMS**